Are we changing to the new times?

So much has changed during the past few days due to COVID, we have now moved to online services for so many things. Even children are now seeking home based learning and offices are now on work from home. With the social distancing measures all around the world it has also caused behavioral changes among all of us. We now think twice before going out in an outdoor space and go for take away instead of dining in. As we enter into a new phase of life where new set of instructions apply and new skills are needed to thrive, we will need a completely different mindset which can take us ahead.

The two important things that we all can do at this point is to change and adapt to this situation. The sooner we do it the better it will be as we don't know when everything is going to be normal. We need to keep going and working towards our goal while thinking creatively how to get the best from the present limitations. So how can we ensure that this transition is smooth and we can move ahead swiftly.

1. Adapting to change: Lot many times people become resistant to change and are comfortable in their old habits. But as times are evolving continuously, we need to accept and adapt to these changes.

2. Adding new skill sets: Every year new jobs are being created and lot many also get redundant so its important to keep reviewing our skills and at the same time add new skill sets.

3. Having a growth mindset: A growth mindset looks for upgrading new skills and at the same time look for new options if the present one doesn't work out.

4. Having flexibility: If we are too rigid then it becomes difficult to move on and also our ability to look for better options doesn't come easily. So, its important to have a flexible approach when looking at options.

5. Have a long- term vision: The environment is subject to changes and is always changing, having a short-term vision only puts you disappointed. But having a long-term goal will ensure that small roadblocks don't have a negative effect.